



## HOT TOPICS IN COSMETIC PLASTIC SURGERY

ACPS SURGEONS REVEAL THE TOP AESTHETIC  
SURGERY TRENDS

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# Personal Glimpse

What is on your bucket list?

**DR. CHRIS PATRONELLA**



*Dr. Patronella and his grandson Luca, sharing a tender moment*

I want to go to the Galapagos Islands to witness what Charles Darwin observed there. What he saw on those islands led him to develop his Theory of Evolution by Natural Selection. I'm fascinated that he could take this research, and the depths of his mind could theorize a biological process that required millions of years. To me, that's the most awe-inspiring thing: recognizing what other people have done to advance the human race and how this has impacted our world today. Everybody has built upon what people before them did.

One of my dreams is to tour the cathedral towns of France with like-minded, interesting people and gain a deeper understanding of Medieval Europe. Life then was as basic as you can get: people were forced to live simply in contrast to getting caught up with the distractions that go along with living in a modern, highly-developed culture.

Those cathedrals were meant to last not 50 years, but for centuries. I believe that today, we don't have an intense focus of effort to create something that's communal and transcends the time in which we exist. We focus on the here and now—the short term.

This relates to a second desire on my bucket list: developing a grass roots program to make our cities more inspiring, soul-satisfying and beautiful—not accepting mediocrity. Humans do best when they reach high and do this in community with others. The historical eras in which cultures have generated this incredible flourishing have been those times when people shared a common vision and came together to collectively achieve it.

**DR. GERMAN NEWALL**



*Dr. Newall and his granddaughter Mary, taking each other in*

My beautiful first grandchild, Mary, was born last year on Super Bowl Day, and I'm delighted to have another on the way. To see your genes being perpetuated through future generations of family is an amazing experience, one that has inspired much joy and a new perspective.

My greatest wish is to savor every moment of the time we have together as they grow into adulthood. I'm looking forward to playing sports with them, especially tennis, and sharing our individual passions with each other as they discover the world. I want to explore together the adventures that make life sweet and exciting, travel and appreciate the mind-broadening aspects of different cultures, watch them develop their talents and pursue their dreams—encouraging them to persevere and overcome challenges—and support them in their endeavors. This is what I most desire.

**DR. PAUL FORTES**



*Dr. Fortes exploring Stonehenge in England*

**DR. HENRY MENTZ**



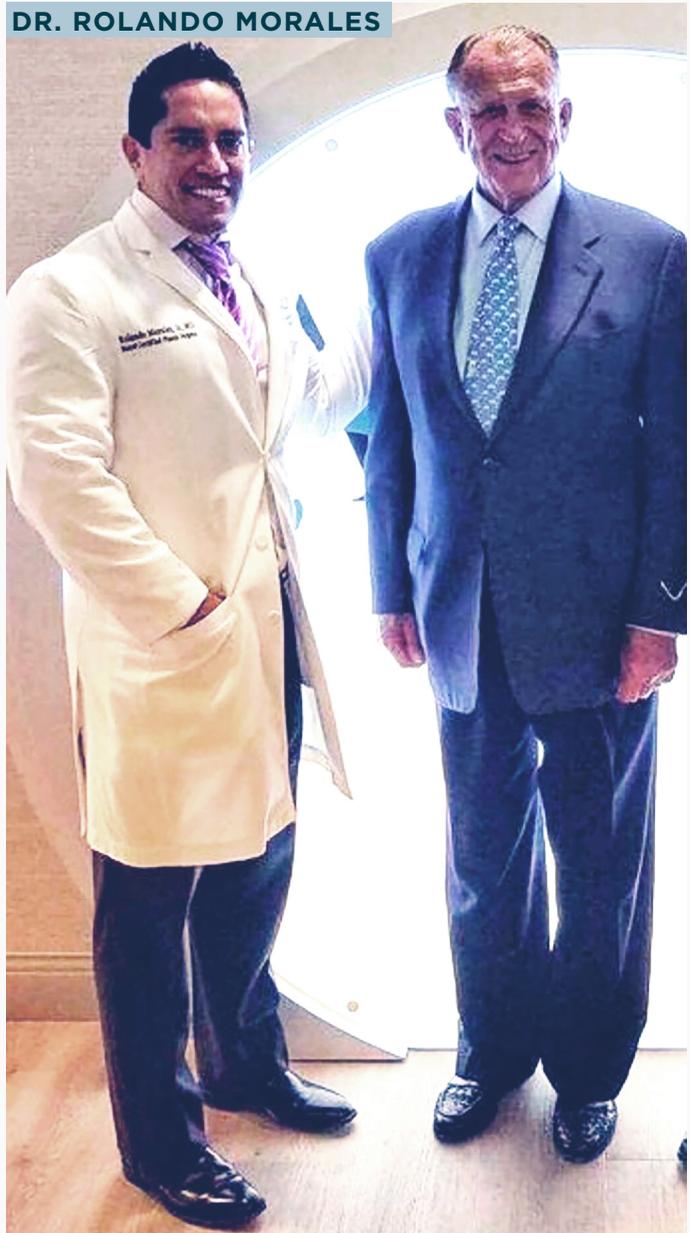
*Dr. Mentz and his daughter Margaret at her first grade dance*

I don't know when or where I will retire, but I would love to create, design and build my retirement house with my wife Paula. I have creativity in my blood and would enjoy downsizing to a smaller home, something with unique landscape, inspiring design and a little paradise built in.

I have four children; all have made me so proud. But there is something special about my relationship with my daughter. Dancing with her at her wedding is definitely on my list. Lastly, my lifetime best friend and I have climbed most of Colorado's 14,000 foot mountain peaks, and we have one really tough one left: Little Bear. I hope to make that summit safely and yell at the top.

*“Never tell me the sky's the limit when there are footprints on the moon.”*

**DR. ROLANDO MORALES**



*Dr. Morales with Dr. Tom Biggs, one of plastic surgery's most iconic leaders*

Having an aesthetic fellowship has been on my bucket list since residency. Thankfully, our group made that a reality a few years ago, and it's been very successful. We have one of the best fellowships in the country, and we've only just started. Our group is spearheading great research, and we continue to increase our presence academically within the plastic surgery societies. We are considering taking on a second fellow in 2020, which has been a goal of mine.

My new career bucket list goal is to become the chairman of the ASAPS-endorsed fellowship program committee. In the meantime, our group will continue to grow and strengthen our fellowship to make sure it is undeniably the best aesthetic fellowship in the country.

# Personal Glimpse *continued*

## WHEN DOING PLASTIC SURGERY IS EASIER THAN GETTING A GOOD FAMILY PORTRAIT

Featuring ACPS Plastic Surgeon Dr. Kristi Hustak and Family

### REAL LIFE

DR. KRISTI HUSTAK



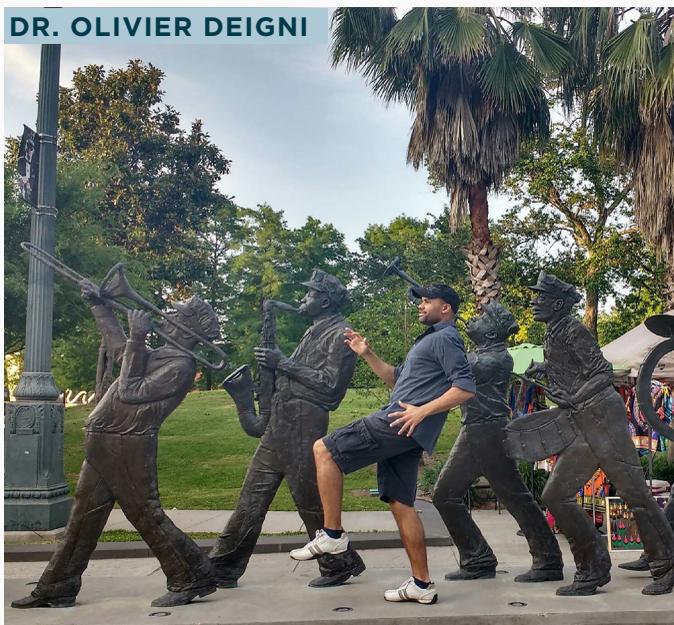
This summer, I will check off something I've always wanted to see: the Mediterranean, as part of a cruise sponsored by the American Society for Aesthetic Plastic Surgery. This will be a 10-year anniversary gift for my hubby and I, just the two us, without the kids.

It will be a little bit of education mixed with exploring Rome, Venice, Croatia, Greece, and the Amalfi Coast. I'm looking forward to 10 days with my husband, savoring the history, food and wine of this beautiful region.

### INSTAGRAM



DR. OLIVIER DEIGNI



#### *Laissez les bons temps roulez! Dr. Deigni in New Orleans*

I have always loved flying, and one of my goals is to obtain my pilot's license. I had the pleasure of taking flying lessons prior to entering medical school and can vividly remember the day I performed my first solo flight. I truly enjoy being at the commands of an aircraft, and I long to return to the skies someday.

## MEET OUR NEWEST PLASTIC SURGEON

**DR. COURTNEY EL-ZOKM**

@contouredbydrcourtney



We're excited to introduce you to ACPS plastic surgeon Dr. Courtney, who is committed to the same principles of excellence that have made ACPS one of the top aesthetic groups in the world. Born and raised in Houston, Texas, Dr. Courtney completed his 14 years of medical education and training at Texas Medical Center after graduating from Texas A&M. His patients love his warm personality and the attention to detail he incorporates in every cosmetic plastic surgery procedure he performs for the face, breasts, and body.

## AN INTERVIEW WITH DR. COURTNEY

### **Q: What inspired you to become a plastic surgeon?**

**A:** *Growing up with relatives who were physicians inspired me to pursue a career in medicine. I quickly decided I wanted to become a surgeon. I found the reconstruction aspects of breast cancer fascinating, so I decided to pursue plastic surgery. Once I was in training, I quickly grew fond of the aesthetics.*

### **Q. What is one of your favorite quotes?**

**A:** *"Look at a stone cutter hammering away at his rock, perhaps a hundred times without as much as a crack showing in it. Yet at the hundred-and-first blow it will split in two, and I know it was not the last blow that did it, but all that had gone before." by Jacob Riis*

### **Q: Who would be the guest-of-honor at your dream dinner?**

**A:** *It would be Gregg Popovich, who is the head coach of the San Antonio Spurs. He has trained his team to work hard for the win, while always staying humble, grateful, and respectful. He has remained the coach for more than 20 years, when he could have left in pursuit of greater financial gains, but he is dedicated and driven by the right morals and values. Further, he isn't afraid to go against the norm and do what's best for his players; and above all, he embodies what it means to win the right way. He's an amazing leader, who is highly-respected both within his industry and out, and is family-centric.*

### **Q: As the father of two daughters, you are surrounded by beautiful girls at home! What is that like?**

**A:** *Haha...I'm definitely not in charge of my household! My wife Kristine told my oldest daughter that "Daddy is still learning," in response to why I wasn't doing things she asked me to do. Now, my daughter states, "Daddy is still learning" when she talks to others. Additionally, she has put me in "time out" to "think about what I'm learning." I've come to terms with the fact I'm not the boss at my house. I've definitely learned how to do hair, participate in make believe tea parties, and color unicorns in my few years of being a dad.*

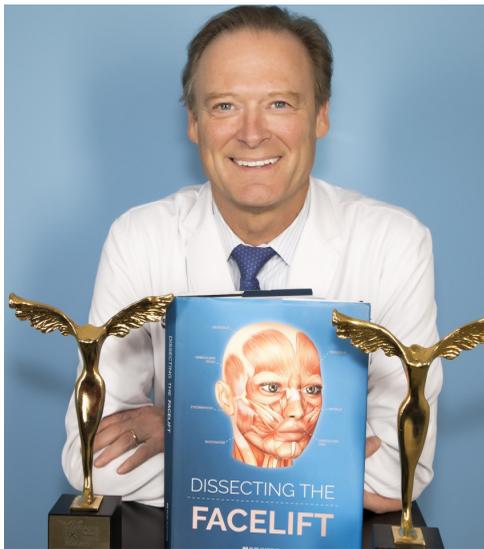
### **Q: What are some of the goals you seek to achieve in your career?**

**A:** *I aspire to be a great teacher and mentor. I look back at how I got to where I am today, and it's because of the people who taught me. I want to be the same leader to those who are training.*

# Honors & News

A panel of international judges and aesthetic industry experts named Dr. Patronella the “BEST MALE PLASTIC SURGEON” in Texas and the United States—South at the 2018 My Face My Body Awards in Beverly Hills, California, an event regarded as the “Oscars” of the aesthetic industry. Dr. Patronella beat out hundreds of top surgeons across the nation for the award. In the category of “Surgical Makeover of 2018,” the judges selected Dr. Patronella’s mommy makeover case as one of the top three in the U.S. His winning case illustrated the numerous anatomical details Dr. Patronella sculpts to create strikingly beautiful and authentic-looking body makeovers.

In addition, Dr. Patronella was named one of the ULTIMATE 100 GLOBAL AESTHETIC LEADERS OF 2019, and he was inducted into the Super Doctors Texas Hall of Fame, an achievement bestowed upon doctors who’ve made *Texas Monthly’s* Super Doctors List for 10 or more years.



Dr. Mentz had a spectacular year, earning 15 awards including “Top Doctor” by Top Houston Doctors, “Best Plastic Surgeon of the Year, USA” by Corporate USA Today, “Top Doctor” by National Top Doctor Awards and “Texas Super Doctor” by *Texas Monthly* magazine. He was honored to be elected into the leadership of the Texas Society of Plastic Surgeons, where he is expected to take the helm as president in 2023. In this role, he joins some of plastic surgery’s most respected doctors who’ve led the group in years past.

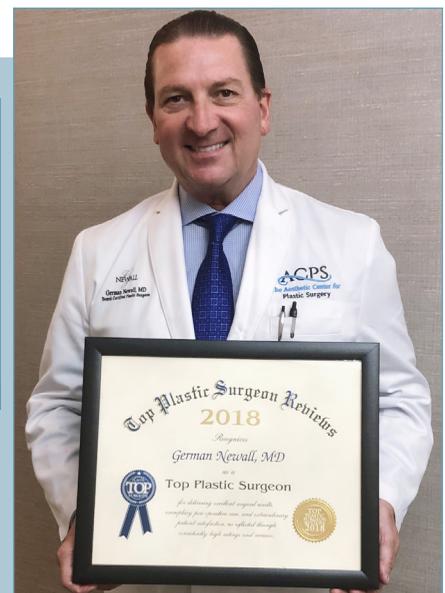
Dr. Mentz’s expertise was showcased at the American Society for Aesthetic Plastic Surgery national meeting, where his talk on “Abdominal Etching and the Invention of 3-D Liposculpture” was named the “Best Hot Topic” at the conference. He also presented scientific papers at the ISAPS international meeting, including the “3-D Masters Course in Body Contouring,” the “3-D Expert Contouring Panel,” “Leading the Safety in Body Contouring Course,” “Keys to Safe Buttock Augmentation,” and “The Future of Plastic Surgery and Liposuction Safety.”

Dr. Newall’s impressive Fast Recovery Facelift patient results were spotlighted by NewBeauty magazine on its Instagram page, “The Best Before and Afters.” Dr. Newall said of his popular Fast Recovery Facelift method, “I combine fat grafting and facelifting using a technique which masks the bruising that facelifts typically produce.” As a result, most of Dr. Newall’s Fast Recovery Facelift patients can confidently return to social activities one week after surgery because of minimal bruising.

Fast Recovery Facelift patient of Dr. Newall

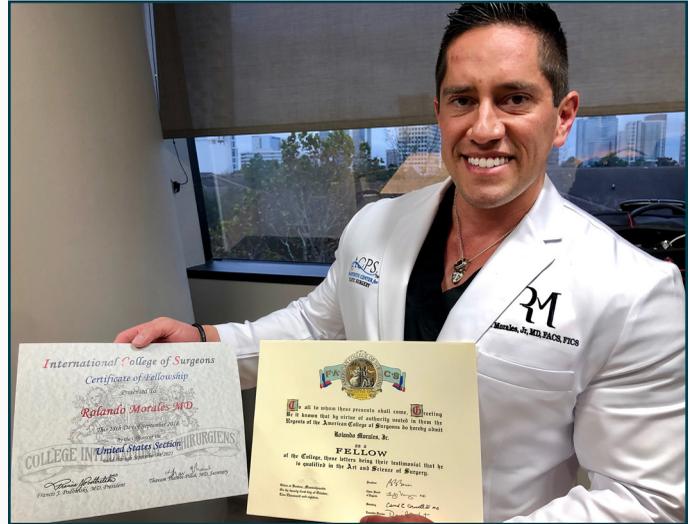


Based upon the consistently high reviews and ratings Dr. Newall’s patients give him, he earned the distinguished “Top Plastic Surgeon” award. This accolade honors Dr. Newall for delivering extraordinary results and exemplary patient care, attributes that have made him the plastic surgeon of choice for thousands of patients across the globe. Award recipients are certified by the American Board of Plastic Surgery.





Dr. Fortes co-hosted an event at the Houston aquarium: a celebration for political candidates that won office, including Harris County Judge Lina Hidalgo, Harris Country Commissioner Adrian Garcia, and Rep. Sylvia Garcia. For Dr. Fortes, it's important to be involved in the community, "whether it means being open to alternative points of view politically or taking the initiative to talk to people rather than excluding yourself from any conversation." Dr. Fortes noted, "It's not necessarily about supporting all aspects of a political agenda but rather being engaged as a citizen with the leadership to listen and exchange points of view."



Dr. Morales is honored to have attained membership into two prestigious surgical societies: FACS (Fellow of the American College of Surgeons) and FICS (Fellow of the International College of Surgeons). It requires years of professional experience and validation for surgeons to earn these distinguished credentials.

But he considers this to be his proudest recent accomplishment: being nominated and elected by his colleagues to be the secretary for the Houston Society of Plastic Surgeons in 2019 and the future 2022 president. "I'm so honored and humbled to have earned my mentors' and colleagues' confidence and support in this great community," he said. "Even though I'm one of the youngest to be elected, I'm committed to get the job done and to do it well!"

**Kristi Hustak, M.D.**

**BOARD CERTIFIED PLASTIC SURGEON**  
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**"Our own confidence is powerful, and arguably, confidence is one of the sexiest things about our femininity."**

Dr. Kristi L. Hustak is the first board-certified female plastic surgeon at the prestigious Aesthetic Center for Plastic Surgery, which was named one of the top five aesthetic practices in the nation at the 2016 My Face My Body awards.

Passionate about women's health, Dr. Hustak aims to develop novel surgical and non-surgical treatments that comprehensively address a woman's needs throughout her life. This includes an emphasis on genital rejuvenation as part of the "complete mommy makeover" when talking with her interested patients. Dr. Hustak is one of a few in the nation that performs vaginoplasties and labiaplasties in clinic under local anesthetic and is a sought-after speaker locally and nationally on the topic of female genital rejuvenation.

Dr. Hustak is committed to using her talents to rejuvenate your body and restore its form and function, while



For the third year in a row, Dr. Kristi Hustak was featured in the Dynamic Women of Houston edition of *Modern Luxury* magazine. In addition, she was named a "Super Doctor" in *Texas Monthly*. Dr. Hustak has earned a reputation in plastic surgery as a "Rising Star" for the innovative techniques she's developed and her prolific work as an in-demand speaker, author, and a mentor to medical students. As a faculty member in the physician healing track at the University Texas Medical Branch, she addresses ethics in medicine, empathy with difficult patients, and how to navigate and keep your humanity as a practitioner within the science of medicine.



Dr. Deigni shared his body contouring expertise on the television show *Great Day Houston*, where he was interviewed by host Deborah Duncan. He said, "My patients come to me for a variety of reasons, and my goal is ultimately to safely deliver results they will enjoy."

## HOT TOPICS IN COSMETIC PLASTIC SURGERY

DR. NEWALL

### BETTER CELLULITE REDUCTION TECHNIQUES



Currently there is no “holy grail” of cellulite reduction that will completely eliminate it. But I've been seeing a noticeable improvement of cellulite through a CelluLipo technique I am doing now. With CelluLipo, I perform an aggressive liposuction in order to disrupt the septae, the fibrous bands responsible for creating the appearance of cellulite. I then smooth the surface of this area with fat to diminish the cellulite depressions and dimples. While it doesn't completely eliminate cellulite, I've noticed it visibly improves it. We're always working to create better solutions, and I'm confident we will come up with techniques to achieve even better results. The majority of my patients are very satisfied with the contour improvement. But me being a perfectionist, I'm not yet 100 percent satisfied because it's not yet 100 percent improved. We aspire for perfection.

DR. MENTZ

### ADVANCED NECK REJUVENATION METHODS



Surgery for the aging neck has become far more complex and effective, allowing us to refine the youthful architecture of the jaw and neckline. Whereas old-school methods have focused on skin and muscle tightening to lift the neck, new techniques target the deeper neck structures. These techniques create a longer, more elegant neck contour, and they enhance jawline definition. In addition, you can leave more fat under the skin, which gives it a more supple, soft and luscious look. Traditionally, with a neck lift, muscle is stitched together under the chin, then the muscle is elevated under both ears. This suspends the neck in a type of muscular hammock. This approach has been around 30 years and has worked pretty well. But now we are going beneath the hammock to improve these 3 areas:

1. The deep muscle under the chin can be thinned to sculpt a sharper jawline angle.
2. Deep fat between the muscles may be removed to create a more youthful jawline appearance.
3. We can remove a portion of the submaxillary gland—a gland for saliva that sits under the jawline. The older you get, the more it slides down the neck. For many years, this has been one of the limitations to creating a youthful jawline. Now we can remove the bottom half of that gland.

Contouring of these deep structures has created a whole new level of improvement in neck rejuvenation. I've been doing it for a long time but have become more aggressive with it.

DR. PATRONELLA

### PATIENTS INSPIRING THE PUSH FOR BETTER RESULTS



Compared to 10 to 15 years ago, today's patients have so much more information available to them online. A patient with greater knowledge is more scrutinizing, so this stimulates us to improve aesthetic results and the traditional methods we've always relied upon. And I think that's a good thing. We should be compelled to always be amping up our game. The perfect example of this is the tummy tuck. It's not enough to simply remove loose skin and leave it at that. More than 10 years ago, my patients inspired me to improve upon these artificial looking flat-as-a-board results that standard tummy tuck methods produce. This inspired me to research the anatomical features that characterize a beautiful abdomen and to develop techniques to recreate these attractive details. It produces more three-dimensional, authentic-looking results. I can appreciate a more well-educated patient today because I want

to be challenged. External challenges are challenges I might not have thought of. And internal challenges are always the competition with myself to improve what I do.

DR. FORTES

### SOCIAL MEDIA INCREASING COSMETIC SURGERY'S POPULARITY



We are living in the age of the selfie, which means people are extremely aware of their appearance and how they present themselves. So naturally, cosmetic plastic surgery becomes a part of that dynamic. Social media has made it so much more popular among a broader range of people. It's erased any taboos about cosmetic procedures, so women and men come in earlier in their lives to attain the improvements they desire; people are more likely to talk about it; and society doesn't stigmatize it or view it as a character flaw to consider plastic surgery. Younger patients and more men are seeking it, and they primarily are interested in nonsurgical and minimally-invasive treatments. This could include a use of fillers that goes beyond their original, traditional application such as for rhinoplasty and eye lifts. I like this because the results tend to be subtle. Another favorite among them is the PRP (platelet rich plasma) treatment to

thicken hair, improve fine lines and wrinkles.

**DR. MORALES****FAT TRANSFER TO THE BUTTOCKS**

Fat transfer to the buttocks is a very hot topic right now as it relates to safety. There has been a high complication rate of fat embolism due to large volume fat grafting. But we have not had that experience in our ACPS group, and we've performed the procedure for thousands of patients. We presented our technique, safety outcomes and results last year at the American Society for Aesthetic Plastic Surgery (ASAPS) meeting.

Another hot topic is buttock augmentation with implants. Buttock enhancement continues to be in high demand. Some patients do not have the fat supply to meet their desired look. Either they've had previous fat transfer procedures, and all of it is gone, or they are just too thin to be a candidate. I've had great success with buttock implants and will likely be presenting my technique and outcomes at the 2019 ASAPS meeting in New Orleans. I've performed over 50 procedures with zero infections or complications.

**DR. HUSTAK****VAGINAL REJUVENATION**

It's unrealistic to think that as your face ages, your lady parts don't age as well. There has been a surge of treatments for vaginal rejuvenation. Now that we're talking about it, and it's less of a taboo, women are pursuing solutions rather than resigning themselves to living with it. Clothes like tight yoga pants and skinny jeans have also really increased my business, as have shaving trends: women are going more bare, so they notice changes down there such as sagging.

We are moving from outer to also inner vaginal rejuvenation to make it tighter, more sensitive and pleasurable. Our nonsurgical ThermiVa treatment is like a hot stone massage for the vagina. The science of the heat is what tightens your vagina and pops your bladder back up, reversing the laxity caused by childbirth, aging and weight shifts. We are also now using some of the same techniques employed in facial rejuvenation for the lady parts. Lightening down there with Dermalinfusion, fillers to add fullness and replace lost volume, and lasers to tighten internally and externally. And some injectables can alleviate spasms of the vagina and issues surrounding painful sex.

Historically, it has been more difficult to get nonsurgical options approved in the world of women's health through the FDA compared to options for men related to sexual and reproductive health. Very few options exist for women with stress incontinence and complaints of vaginal laxity, particularly postpartum, though the incidence is very high—30-80 percent depending on which studies you look at. Bladder slings and bladder meshes are typically reserved for advanced disease. But most women fall into the mild symptoms category such as experiencing urine loss when sneezing or laughing, and they are not surgical candidates. So it's exciting to see more nonsurgical options becoming available.

**DR. DEIGNI****FAT GRAFTING TO THE FACE**

Facial beautification and rejuvenation have always been an aesthetic pursuit in society. This is evidenced by the emphasis we place on prepping ourselves before leaving the house whether it's to go to work or an interview or even just meeting up with a group of friends for coffee. The care we apply through the use of facial products including lotions, creams, makeup etc. reflects our desire to want to look youthful and elegant for as long as we live.

The advent of fillers has brought about many different treatments to help rejuvenate and enhance our facial features with little to no downtime. One important and powerful adjunct to a plastic surgeon's armamentarium is the use of fat transfer. Although fillers and fat have their own pros and cons, one advantage of fat stems from its ability to be a more permanent solution as compared to fillers. I believe that fat grafting to the face is a phenomenal tool that yields great results when appropriately performed as it allows for filling of the cheekbones, lips, and the temporal hollows with the goals to restore volume loss and provide a more youthful appearance.

CONTACT US TO SCHEDULE A CONSULTATION: 713.766.4793 | [WWW.MYBEAUTIFULBODY.COM](http://WWW.MYBEAUTIFULBODY.COM)

# How many syringes of filler do I need?

One of our most popular questions about injectable fillers - answered.

By Kelli Nwuli, NP

**Did** you know that many of the visible signs of aging can be traced back to volume loss? As we age, the structural layers (skin, fat, muscle and bone) of our face shift, soften and lose fullness, leading to lines, wrinkles, sagging skin and hollowness.

Dermal fillers are injectable gels, typically made up of hyaluronic acid, that can restore volume and fill in wrinkles. Hyaluronic acid is a natural occurring substance found in your body that provides your skin with elasticity, volume and hydration. We offer a variety of HA fillers that vary in consistency, from thin to thick, that can treat many aging issues. Think of it like building a house. We have thick “heavy” bricks to support the foundation, like Restylane® Lyft™ and Juvéderm Voluma® which can help rebuild your cheekbone structure. Then we have smaller bricks as we get closer to the top that support exterior infrastructure, like Restylane® Silk and Juvéderm Volbella®, which can add volume to your lips and add support around your mouth.

But how do we know how many syringes are right for you? The general rule of thumb for filler naive patients is 1 syringe for every decade. So if you are 33, expect between 2 - 3 syringes to be recommended. If you are 58, expect 5 - 6 syringes. If you are in your 40s, 50s, 60s+, we typically need to add more “bricks to the foundation.” On the plus side, when we add fillers to the mid-face (cheek area), not only are we helping to bring back flattened cheeks, but it has a tendency to reduce the appearance of wrinkles about the nose and mouth and along the jawline. It’s not uncommon to need 2 - 3 syringes per cheek for full correction.

The good news is, when you achieve full correction during your first treatment, you won’t need the same amount the next time. Dermal fillers last between 6 months to 2 years depending on the type of filler and the placement of the filler. When you add in a scientifically proven skincare regimen, a bit of BOTOX® or Dysport® and collagen stimulating light treatments, we can help pause the clock on aging for much longer than you’d think.

It’s important to remember the needs of each patient differ. Did you grow up sheltered from the Texas sun? Were you a previous smoker? Have you been using a good skincare regimen most of your life? There are countless external factors that can cause your skin to age at a faster rate. The best way to know how many syringes are right for you is to schedule a consultation with one of the ACPS injectors: Kelli Nwuli, NP; Christy Craig, NP; Heidi Fell, RN or Michi Schloeter, RN. We can come up with a treatment plan to help you achieve the anti-aging results you desire.

*The ACPS Spa & Rejuvenation Center is located at both our Memorial/Town & Country location and Galleria/River Oaks location. We are open Monday - Friday 8AM - 5PM with extended hours on certain days. Learn more, visit [www.acps.com](http://www.acps.com)*

## 1 SYRINGE OF FILLER = 1/5<sup>TH</sup> OF A TEASPOON

Many patients are worried about looking overdone, but it’s important to remember the amount of product that is being injected. 5 syringes is equal to 1 teaspoon. When injected by an experienced injector, your filler results should look natural, offering you a subtle refreshed look.

\*REPRESENTATION OF 1 SYRINGE ON A TEASPOON



**BEFORE TREATMENT**  
Female Patient Age 54.



### AFTER TREATMENT

Patient received 3 syringes of Restylane® Lyft in the mid-face (cheeks) and along the jawline to address volume loss due to aging. Notice less shadowing around the eyes and added volume to help restore the apples of the cheeks. She received 2 syringes of Restylane Refyne® to address crepiness to the lower face and 1 syringe of Restylane Defyne® to improve smile lines (lines that frame the mouth).  
Total Syringes: 6



JOIN US FOR A  
*beauty*  
**BASH**

SPRING 2019 EVENT

*saturday*  
**APRIL 27, 2019**  
10AM - 2PM

Our team of award-winning plastic surgeons, experienced nurse injectors and talented skincare specialists can help you navigate both surgical and nonsurgical options for your anti-aging needs. Plus, since we offer the latest and greatest in both, we can create a unique combination of treatments tailored just to you! We will have live demos, presentations, door prizes, free mini consults, special pricing - plus lite bites and drinks.

**ONE-DAY-ONLY EVENT SPECIAL:**

**Place a \$1,000 nonrefundable deposit, receive 10% OFF of surgery!**

*presentation program*

**10:00AM** "Post Baby: When is the Right Time for Surgery?"  
by Paul Fortes, MD

**10:20AM** "Finding the Right Size: Breast Augmentation."  
by Rolando Morales, MD

**10:40AM** "How to Know When it is Time for a Facelift?"  
by Henry Mentz, MD

**11:00AM** "Fad Diets Can't Smooth Cellulite: Cellfina® Can."  
by Christy Craig, NP

**11:20AM** "The Science of Aging and Injectable Fillers."  
by Kelli Nwuli, NP

**11:40AM** "Treating Your Wrinkles with BOTOX® Cosmetic."  
by Heidi Fell, RN

**12:00PM** "Liposuction 101: Are You a Good Candidate?"  
by Olivier Deigni, MD

**12:20PM** "Get the Skinny on Body Contouring."  
by Courtney El-Zokm MD

**12:40PM** "Are You a Good Candidate for a Tummy Tuck?"  
by Christopher Patronella, MD

**01:00PM** "Achieving a Shapelier Behind: Brazilian Butt Lift!"  
by German Newall, MD

**01:20PM** "What is a Mommy Makeover Exactly?"  
by Kristi Hustak, MD

**01:40PM** "Infini®: Microneedling with RF for Facial Rejuvenation."  
by Miriam Lopez, LE, LMT, SS

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